

Marina Author Embraces Destiny

You cannot escape who you were born to be."

The sentence appears on page 57 of Sonya Haramis' latest book, "The Circle of Olympians." It is part of the story's dialogue, but could easily be a mantra for Haramis herself.

The Marina-based spiritual author, radio host and Aikido black belt was earning a master's in counseling psychology at Boston University when she started writing.

"I actually began with children's stories," she remembers. "That's when I realized that writing is what I was meant to do."

Deepak Chopra, James Redfield and Dr. John Gray endorsed Haramis' first book, "Gracious Gifts...Expressions of the Divine."

She never expected to gain such attention. In fact, she didn't write the collection of parables with an audience in mind.

"The stories were, at first, private, and I never thought that I would share them," says Haramis. She eventually read select chapters to family and friends who were left "speechless."

"I realized it wasn't meant for me to hold on to," she says.

Haramis wrote her 2006 release, "The Circle of Olympians," after visiting Greece. She calls the modern Greek myth "a journey of transformation."

"It's about the heroine claiming her destiny, which none of us can escape," Haramis says. "There's no choice but to surrender to our calling and see it through to the end."

USA Book News honored "The Circle of Olympians" with a 2007



Photo: Kim Lemaire

Sonya Haramis began by writing inspirational stories for herself but soon gathered an audience. She has released several books and hosts an Internet-based radio show.

National Best Book Award in the mythology/folklore category. The tale was also a finalist for the visionary fiction award.

Last fall, Haramis expanded her New Age influence by signing on with Sedona Talk Radio.

"Keeping the Path Lit," her bi-weekly Internet radio show, shares stories of inspiration, kindness and opportunity.

"I'd been feeling so discouraged about things in this world and I thought, 'What can I do to help shift things? What can I offer?'" says Haramis, who has covered everything from spiritual travel to meditation to sacred spaces on the show.

From here, Haramis plans to take her work to the silver screen. She's co-written a script for "The Circle of Olympians" and is talking with producers interested in creating a film that would be, as she envisions it, a "'Lord of the Rings' for women."

Based on reader feedback, she's also considering the release of those children's stories she started writing back in graduate school.

That enthusiastic response from readers and listeners continues to surprise Haramis.

"We don't realize how much influence we have as one person, but we really, really do make a difference. We are all angels for each other."

For more information, visit www.peaceofthedreamer.com. Haramis' books are available at Pilgrim's Way and Borders.

—Renee Brinks